

Summertime Flashback!



Hands up for summer fun



Busy BIA
summer plaza



Citizens Patrol on a
smoky day



NPO at Frog
Hollow fest



Cleanup team takes a selfie!

Seniors Find New Hope At Hopehill

Hopehill is the new name for Beulah Garden Homes at 5th Avenue and Rupert. It has been operating since 1951 as the home and community of around 400 seniors who need affordable, independent or assisted living.

I asked Yvonne Ho, Hopehill's operations manager, about the recent name change. "Our new name, Hopehill, signals who we are: a place of hope. It's a new name and a promise of more than just affordable housing. It's a community of hope: physically, socially, emotionally and spiritually," she says.

Mary Dickau, wellness manager, says that the relationship with the HSCPC began about 15 years ago when Lorraine Chow, who looks after the seniors program at Thunderbird Community Center, brought HSCPC Executive Director Clair MacGougan

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Working together for a safe community

The Hastings Sunrise Community Policing Centre works in partnership with the Vancouver Police Department



Other Partners:



How to Keep Your Bike - or Get it Back!

For too many people, your unlocked and unattended bicycle will look like an opportunity to get something for nothing.

Reduce your risk of having a bicycle stolen! Here are a few tips on bicycle theft prevention and an online 'tool' called Project 529 (P529) to increase the odds of a stolen bicycle recovery.

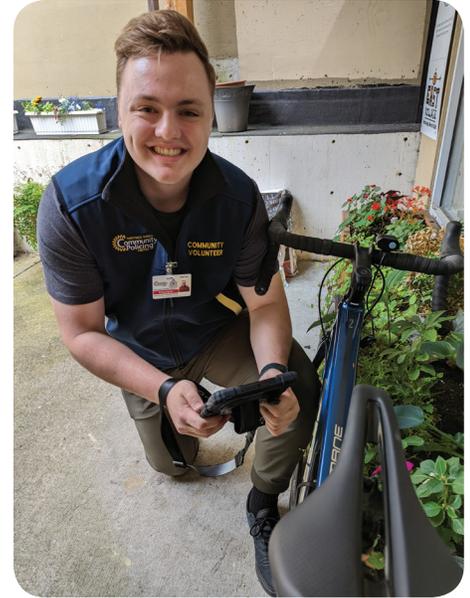
- Lock your bicycle with a quality (\$\$\$) lock - especially in your garage!
- Etch or engrave your BC driver's license number on expensive components
- Lock your bicycle near a busy walkway; or well-lit area if at night
- Check online for nearby bike racks or bike locker rentals
- Record bicycle details, take pictures, record serial number and...
- Register with P529 at our HSCPC office or online

Project 529 is a FREE online global bicycle Identification database. It takes 15 minutes to register at our HSCPC office, available Saturdays 10am till 4pm. "As long as you bring your bike, we take care of the registration," says Nathan, our P529 volunteer.

Every P529 registrant will receive a shield (a difficult to remove ID sticker) that is applied to the bicycle to serve as a deterrent. "That shield number as well as pictures of the bike, a picture of the shield, pictures of the owner with the bike and pictures of the serial number get uploaded to the account and linked to that bike," says Nathan. "Each of these items serve as ways

to identify the bike during the recovery process so that it can be linked back to the owner."

A side note: Hundreds of recovered bicycles are sold annually at the VPD property auction – all because bicycles couldn't be traced back to their owners. P529 helps the recovery process without the limitations of municipal, provincial or international borders. Any police department can look up a P529 registered bicycle! Any prospective buyer of a used bicycle can check with P529 to ensure the bicycle they want is not stolen.



Volunteer Nathan preps a bike for Project 529 sticker

Learn about P529 or register your bicycle at <https://project529.com/garage>

Or allow us to register your bicycle at 2620 E Hastings Street – always FREE, always Saturdays!

■ *Harry Mah*

It's Van-tastic!



The HSCPC has a brand new ride!

Once again, our organization was lucky enough to receive a new vehicle through a grant from the Civil Forfeiture Office. We received a 2020 Ford Transit Connect XLT cargo van at the end of January and it has since been branded with the Hastings Sunrise Community Policing Centre's logo and slogan.

Offering much more space than our previous car, we have been using the van all summer for outreach activities and our Road Safety program.

■ *Nina Kreis*

Keep everyone safe on Halloween

DRIVERS:

- Be extra alert. There will be more kids out, in fading light or darkness, often costumed and masked. That means you'll all have more trouble seeing one another.
- Slow down.
- Stay! Off! Your! Phone!

KIDS:

- Walk on the sidewalk. Use crosswalks. Carry lights or glowsticks.
- Don't trick-or-treat alone. Use the "buddy system" until you get back home.

PARTY HOSTS:

- Serve plenty of food. Offer non-alcoholic drink options.
- Collect car keys from drinking guests. Be ready to call taxis or rideshares – or provide a bed overnight!

Meet Your New Sunrise Safety Team



Abby



Vanika



Manpreet



Nathan



Kajol

If you reside in the Hastings Sunrise neighbourhood, or you operate a business in the area, you may have noticed a couple of new faces on our Sunrise Safety Team (SST).

As people's lives change, so does our team! Over the past couple of months, three members have gone on to pursue different paths but we have welcomed four new hires: Abby, Vanika, Manpreet and Nathan. Kajol has been part of the team since August 2021 and continues to be an integral part of SST and the organization.

The Sunrise Safety Team works to develop relationships with community members and businesses in the East Village Business District with the aim of deterring crime and increasing public safety. They educate businesses about crime prevention and business safety, report quality of life concerns such as graffiti and illegal dumping, and help homeless and other disadvantaged people to access services and support.

■ **Nina Kreis**

From page 1 - Hopehill

to a Thursday Tea Time. "Since then, Clair and his team have dropped in regularly to visit with the folks here."

Visits by HSCPC staff and volunteers have benefitted Hopehill residents, says Mary, via "one-on-one conversations with anyone who wants/needs to talk, and the long-term relationship that Clair and his team have built with Hopehill residents." Much like a friendship, a good working relationship has been established by these visits and workshops to assist seniors on security and safety.

The COVID visitation restrictions on seniors' homes was a challenge for all who had family members in care. At times hope is all one has, but with a

little help, conversation and care, hope can come home. As I near my senior years, I better understand the change to Hopehill and the challenges that seniors battle. I am proud of HSCPC reaching out to help out a demographic of our society who sometimes are forgotten.

The HSCPC makes a big difference to the Hopehill community -- the ongoing relationship, a feeling of a safer neighbourhood in and around Vancouver, the buildup of trust and a sense of community well-being, say Mary and Yvonne!

Should you find a need in Hopehill, feel free to call in at 604-255-7707 or visit Hopehill's website at <https://hopehill.ca/>.

■ **Harry Mah**



Happy Hopehill seniors!



Walk Wisely As Days Get Shorter

It is time to brush up on pedestrian safety with the daylight hours becoming shorter. The highest number of crashes involving pedestrians occur on Thursdays and Fridays; between 3 pm and 6 pm; during the fall and winter.

Unfortunately, about one of every five victims of fatal car crashes in BC is a pedestrian. About 2,400 pedestrians are injured every year.

To not become a statistic, here are some helpful tips:

- Look both ways before crossing the intersection. Drivers are focused on oncoming traffic and may not see you.
- Always use crosswalks and follow pedestrian signs and traffic signals.
- Always make eye contact; do not assume the driver can see you.
- Phone down, head up; do not be distracted while crossing the street. This also means no headphones while crossing an intersection.
- Wear bright/reflective clothing at night and/or during poor weather.

Stop by the CPC to pick up a reflective tag (provided by ICBC).



PROJECT FULL STOP

The Hastings Sunrise Community Policing Centre's new initiative, Project Full Stop, is under way until mid-December 2022. This is a pilot initiative of the Road Safety program.

Volunteers will distribute 300 safety kits to elementary school children at stations that are popular along walking routes. These kits include a reflective armband and an information sheet on how to be a safe pedestrian.

Children must be accompanied by a parent or a caregiver to receive a kit. For adults, volunteers will also be distributing reflector tags and information sheets on how to be a pedestrian-friendly driver.

Meghan Wong



This Issue

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隨著白晝變短，市民要小心地行走

隨著白天的時間越來越短，現在是時候提醒市民提高行人安全意識了。秋、冬季涉及行人車禍數量最多的是在週四和週五的下午3時至6時之間。

不幸的是，在BC省，致命車禍的受害者中，每五名就有一人是行人，而每年約有二千四百名行人受傷。

為了不成為統計數據，這裡有一些有用的提示：

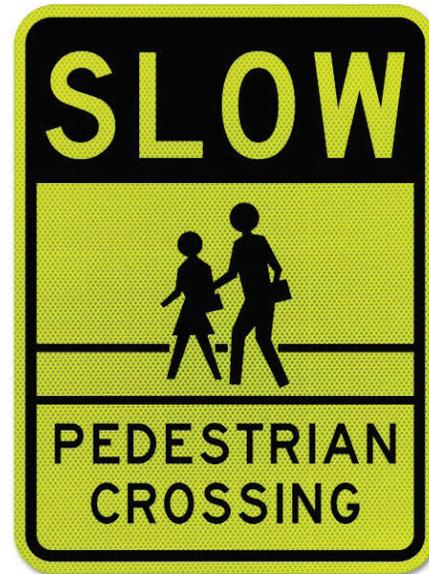
- 在穿過十字路口之前，請看左看右，因為當司機專注於迎面而來的車輛時，他有可能看不到你。
- 橫過馬路時，行人必需遵守交通燈和交通標誌。
- 要與司機進行眼神交流，因他未必能看見你。
- 橫過馬路時，不要分心看手機，需要注意路上情況，更不要帶上耳機。
- 惡劣天氣的晚上，應穿上明亮或反光的衣服。
- 反光標籤可以到HSCPC社區辦公室索取（由ICBC提供）。

“全面停止”新項目

HSCPC日出社區警務中心的全新項目“全面停止”將持續到2022年12月中旬，此計劃是道路安全倡議的試點。

志願者將會在小學附近的車站和步行路線上，派發300個安全包給小學學生。安全包內有一個反光的手臂帶和一份關於如何成為安全行人的資訊表。兒童必須由父母或看護人陪同才能收到安全包。志願者亦會把反光標籤和有關「如何成為一個行人友好的資訊表駕駛員」的資料表派發給成年人。

- 黃美瑜



Working together for a safe community

黑斯廷一日出社區警務服務中心與溫哥華警察局合作



其他社區合作夥伴



快樂的老年人

年長人仕在Beulah Garden Homes找到新的希望

Beulah Garden Homes位於東五街夾Rupert，自1951年開始營運，現改名為『希望山』(Hopehill) 這社區大約有400名需要輔助或低收入獨立生活長者和夫婦。

我詢問希望山的營運經理Yvonne Ho，最近更改名稱的原因。她說：「我們的新名字——『希望山』，標誌著我們是一個充滿希望的地方。這名字不僅承諾提供負擔得起的住房，亦是一個充滿希望的社區：無論在身體、社交與、情感和精神上。」

健康經理Mary Dickau說：「與HSCPC的關係大約15年前開始，當時我與在Thunderbird社區中心負責長者下午茶聚的Lorraine Chow，邀請了HSCPC的執行主任Clair MacGougan來參與週四的下午茶。自此，Clair和他的團隊便定期來中心探訪。」

Mary Dickau說：HSCPC工作人員和志願者的來訪，使『希望山』的居民受益不淺。通過一對一的對話，他們得知我們長者的需要或想要，Clair和他的團隊與『希望山』居民便建立了長期的友好關係。就這樣，他們經常通過訪問和舉辦研討會，教導長者有關個人安全和保障的知識。

在新冠疫情期間，長者家人的探訪受限制，這對所有要照顧家庭成員的人來說，都是一個挑戰！有時，我們不希望受限制，希望可以維持正常的制度；但只需要通過交談和關心，就可願望成真。隨著自己的歲數漸增，我 更瞭

解到HSCPC注重長者面臨的挑戰。我為HSCPC伸出援手來幫助我們社區中被遺忘的人群感到自豪。

HSCPC展開的工作對溫哥華及附近地區的安全，形成了很大的信任和影響。這持續的關係讓Mary和Yvonne均感到幸福！

如你想對『希望山』了解更多，請隨時致電604-255-7707或瀏覽網站<https://hopehill.ca>。

• Harry Mah



Hopehill 快樂的老年人

萬聖節期間須注意事項，以確保每個人的安全

司機：

- 要格外警惕，因為會有更多的孩子在街上。
- 在暗淡的燈光下，孩子經常穿上奇裝異服和蒙面，這意味著你們在看到彼此時會不太清楚。
- 放慢汽車的速度。
- 必須熄了你的電話！

兒童：

- 必須走在行人道上，使用班馬線過馬路。
- 攜帶手電筒或螢光棒。
- 不要一個人在街上Trick or Treat。要與好友同行，直到回家。

派對主持人：

- 提供大量食物，但不要提供酒精飲品。
- 收起飲了酒客人的車匙，替他們叫計程車或安排拼車，或提供床給客人過夜！

