

From Palestine With Love



Our neighbours and supporters:
Sobhi and Tamam Zobaidi

It looks like a patch of sunshine in the line of shop windows and signs on East Hastings Street: a bright yellow canopy with the name “[Tamam](#)” on it. You go inside and find yourself in the warmth and cosiness of a Middle Eastern place with a thick rug, decorative lamps and rich aromas.

But it is not simply atmosphere that carries a visitor away from cold and rainy Vancouver: it is unique food cooked using traditional Palestinian recipes and authentic ingredients. The owners of the restaurant, Tamam and Sobhi Zobaidi, say it is the only place in Canada serving fine Palestinian food.

“All my life I wanted to introduce Palestinian culture to the world,” explains Sobhi, who is also a filmmaker, artist and writer. “I made films, art installations, wrote articles and essays, but in our restaurant, I learned that the best way to share your culture is through food. When people like what they’re eating they become less judgmental and more open and curious about the culture of that food.”

The restaurant is well-known to Hastings Sunrise residents. It has been welcoming customers for over five years. During this time Tamam has become an integral part of the local community. A neighbour of the Hastings Sunrise Community

Policing Centre, Tamam has been assisting the HSCPC in various ways, from offering charity donations to spreading word-of-mouth information about safety initiatives and campaigns.

The restaurant has hosted the Dine for Safety fundraiser for the past two years, helping the HSCPC to get extra funds much needed for keeping the community safer. “We appreciate the work the community policing centre does and we are happy to host this event and help the staff and volunteers. They work really hard to keep this neighborhood safe and clean,” Sobhi says.

The HSCPC in its turn joined the long list of the restaurant’s loyal customers.

“My wife and I have eaten there at least 50 times,” says long-time HSCPC volunteer Chester Grant. “The food is superb, Tamam herself is a joy and a treasure – and their support of our CPC is the icing on the (delicious!) cake!”

The restaurant walls show the family’s considerable artistic talent, including paintings by Tamam and drawings and photography by daughters Kenza and Maleekah.

Knowing about fierce competition in the Vancouver food industry, Sobhi admits it was a risky business to start. But the hard work of the couple -- Tamam is the head chef and Sobhi takes care of supplies and manages the front of the house -- proved to be a success.

“We have many regular customers, we call them by their names and treat them as family friends. We have people coming from all over B.C. to dine at our restaurant,” Sobhi says. When asked about the secret of their successful business, Sobhi speaks about the importance of high-quality ingredients, cleanliness, the cooking talent of his wife ... but then stops and smiles.

“The main thing is generosity, a part of our culture. When you are generous and welcoming and when you contribute to your community, it pays back. When you appreciate people, they appreciate your business.”

■ Olga Shaporenko

Working together for a safe community

The Hastings Sunrise Community Policing Centre works in partnership with the Vancouver Police Department



Other Partners:



President Moves On After 6 Busy Years



The president of the HSCPC Board of Directors, Melinda Freitas, is leaving her post after six years of overseeing personnel policies and providing support to volunteers and staff.

Holding a Master's degree in Counselling Psychology, she was working at the Vancouver Police Department when she began her tenure with the CPC as a volunteer on the board.

"I was happy to find time for the HSCPC until last year when my work situation changed," Melinda explains. In the summer of 2018, she was recruited to Homewood Health and began work as a Clinical Manager, responsible for the oversight of clinical services provided within the province's Employee and Family Assistance Program.

During her time serving on the Board, Melinda notes that fundraising was a key initiative that the board focused on, and were able to secure increased funding supporting important safety programs and initiatives. "We looked at the ways in which we could increase our presence and make people aware of the HSCPC so we could invest in important community initiatives and improve our overall fundraising position," Melinda says.

"Melinda has been fully committed to the organization, she helped us out in almost anything we needed," HSCPC executive director Clair MacGougan says. "Melinda has a strong background in human resource management and understanding of the structure of the organization so besides her leadership role she was very helpful for us in dealing with the operations side," he adds.

"Volunteering has always been a big part of my life," Melinda recalls. "Having been raised by parents who volunteered extensively, I've modeled my whole life based on the idea of being engaged in the community.

"I hope people realize the importance of the services the CPCs provide. Very often they are the only contact a vulnerable member of the community is going to have, especially in those situations when they do not want to go to the police," says Melinda.

"The city of Vancouver wouldn't be the same if community policing centres did not exist."

■ Olga Shaporenko



Volunteers in new vests with our new Road Safety car. Thanks to PCI Development Corp. for the vests and their support of the Road Safety Program

Thank you to all the sponsors and partners

who have contributed to the Hastings Sunrise Community Policing Centre's many successes during 2018. You have all helped to make our community a safer and better place!

Partners and Sponsors are:

- ◆ Best Shredding
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- ◆ ICBC
- ◆ Le Pho Restaurant
- ◆ Pacific National Exhibition
- ◆ Province of British Columbia
- ◆ RBC
- ◆ Sunrise Summer Kick-off sponsors **
- ◆ Vancouver Police Department

** For full lists of Dinner and Kick-off sponsors, see December 2018 mini-Bulletin and Summer 2018 Bulletin at hastingsunrisepc.com. ■

Save the Date...

Document Shredding and Electronic Recycling
Saturday, May 4, 2019 (10am-2pm)
Sunrise Square parking Lot (2500 Franklin Street)

A handy way to get rid of old electronics and safely dispose of confidential documents like:

- ◆ Bank statements
- ◆ Old cheques
- ◆ Bills
- ◆ Personal information papers
- ◆ Small appliances
- ◆ Electronics
- ◆ Computers
- ◆ Household batteries
- ◆ Handheld devices

And more!

The event is a major fundraiser for the Hastings Sunrise CPC. You are invited to donate a suggested \$10 per file box of papers, and electronics. Every dollar you donate helps keep our community safe. ■



Meet A Volunteer!



Harold Catt donates his life experience to helping our community!

The Hasting Sunrise Community Policing Centre enlisted 36 new volunteers in 2018. All are important to our success, so choosing one person to feature is a challenge. With over 200 volunteer hours in the last nine months and over 70 years of life experience, Harold Catt is definitely one to watch. Bulletin writer Loretta Revoczi sat down with him to learn a little bit more.

Tell us a little bit about yourself?

I grew up on a farm in Ontario; by age six I was riding horses and by eight driving a tractor. I worked mostly as a Senior Operations Executive in my career and spent a fair amount of time in Asia. I have lived in Hastings Sunrise for the last 30 years. I have three adult sons with my wife.

What made you want to volunteer?

I had retired, and I wanted to do something with my time outside the home where I could be involved in the community.

What made you choose the HSCPC to volunteer your time with?

I chose the HSCPC because of the range of activities that they offered to connect with the community. Many of them, like doing patrols, Cell and Speed Watch, allowed me to get some exercise at the same time too. I live in the neighborhood, so it is great to be making the place where I live a little safer.

What do you love about your work?

I am the kind of person who likes to be out doing something, so patrols and outreach events are what suit me best. I also love working with the Vancouver Police Department. It is invigorating to be around younger people and I think they enjoy talking to older people. It's important to relate to people of all ages. The staff are amazing; they are very caring and make sure our events run smoothly.

What would you like other people to know about HSCPC?

This is a great place for anyone including seniors to get involved with their community, connect with people and do something meaningful. ■

Nanaimo St. Upgrades

For many Hastings Sunrise residents, Nanaimo Street is an important part of our daily routine, so the opportunity to see improvements to both safety and usability between East Fourth Avenue and McGill Street is very exciting. Upgrades may be delivered as part of the sewer separation work which is set to begin in the coming weeks or at a later date.

At the heart of the changes is improving Nanaimo Street to make it safer and more comfortable for everyone by reducing the highway feel of the street. Potential changes would make the pedestrian crossings much safer, especially for those with limited mobility.

The space made available by reducing travel lanes would:

- ◆ Reduce crossing distances for people walking and discourage speeding
- ◆ Reduce conflicts between people cycling and driving with painted bike lanes
- ◆ Improve traffic flow with new left-turn lanes and center medians at key locations
- ◆ Upgrade ten key pedestrian crossings
- ◆ Provide bus bulges and curb ramps
- ◆ Improve and widen sidewalks

Some parts of Nanaimo Street would have a look and feel similar to Rupert Street between East 22nd and East 28th. Key intersections, where traffic is at its busiest such as Hastings and Nanaimo, would not have travel lanes reduced. The proposed changes are informed by the [Grandview-Woodland's Community Plan](#) and align with the City of Vancouver's [Complete Street Vision](#) which aims for streets designed for everyone. This means making travel more comfortable and enjoyable for people using all modes of transport in order to enhance public life and make streets more inviting places.

It also contributes to meeting the goals of the City's [Transportation 2040 Plan](#) and [Greenest City Action Plan](#) which aims for zero traffic fatalities and two-thirds of all trips made on foot, by bicycle, rolling or transit by 2040.

The City is working to minimize impacts on residents as much as possible during construction. A minimum of one vehicle lane in each direction will remain open and bus service will be maintained. Most work will impact three-block segments at a time, with construction sometimes active along more than one segment at a time.

The City will be reaching out to residents again via mail and e-mail soon to share what they heard from the first round of public consultation. Visit vancouver.ca/nanaimoupgrades for more information and to sign up for the e-newsletter.

■ Loretta Revoczi

SEE INSERT FOR NEW
STREET LAYOUT

New NPO Comes Back Home!



Constable Thomas Nguyen, NPO

Thirteen years ago, Capilano College graduate and local resident Thomas Nguyen came to the Hastings Sunrise CPC as a volunteer in search of public service experience.

And now he is back as Constable Thomas Nguyen, an eight-year veteran with the Vancouver Police Department who has been appointed as the latest Neighbourhood Police Officer (NPO) for Hastings Sunrise.

He replaces Constable Ben Falk.

"While we're sad to see Ben move on, we are very happy that Thomas has joined our team again," says Clair MacGougan, HSCPC executive director. "The good news about Ben: since he is stationed at Grandview-Woodland CPC, we will still get to see him once in a while."

Thomas grew up in the neighbourhood. After graduating from Capilano College (now Capilano University) with a Business Administration degree, he decided to

become a community policing volunteer to get more experience in customer service work.

Being a volunteer and having a chance to interact with VPD officers, he realized how exciting and meaningful the police work was. In 2005 he applied for a civilian position with the VPD. He worked for five years at the front counter at the VPD office on Main Street, and then applied for a police officer position. "It was my best decision ever," he recalls.

After seven years of work in patrol teams, Thomas was appointed the Grandview-Woodland NPO at the end of 2017. And a year later he has taken the same position in his own neighbourhood.

"It is truly wonderful to return to the organization where it all started for me, and in many ways it feels like a homecoming. I grew up in this neighborhood, so it's extra special and meaningful to come back in my role to help with making a positive impact in the community," Thomas notes. "It is also a bonus to return and work alongside some familiar community-driven people that are still here continuing to make a difference," he adds.

In his new role, Thomas plans to meet with Hastings Sunrise residents and businesses and listen to their concerns. "I believe that people should be heard, no matter how small the issue may be, as it may be very important to them," he says.

"I believe in building community relationships so that citizens will not hesitate to contact the HSCPC and VPD, so that we may work together to find ways to better serve the community," he concludes.

(Cst. Nguyen was previously profiled in the Spring 2018 edition of the Bulletin for his work as NPO for Grandview-Woodland. See back issues at hscpc.com)

■ Olga Shaporenko

This Issue

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Nanaimo 街升级

Nanaimo街夹22街和28街之间的面貌将类似Rupert街，如上图。

对很多Hastings Sunrise居民来说，Nanaimo街是他们日常生活中很重要的一部分。所以有机会能看到东四街和McGill街在安全和使用上得以改善非常振奋人心。升级改造可能会作为下水道分离工作的一部分实施，定在接下来几周或迟点进行。

改变的 centre 是通过减少街道高速公路的感觉，使得Nanaimo街对每个人更安全、舒适。潜在的变化使人行横道更安全，特别是针对行动不便人士。

- ◆ 通过减少车道创造的空间将：
 - ◆ 减少行人过马路距离，阻止超速行驶
 - ◆ 绘制自行车道，减少自行车与机车的冲突
 - ◆ 关键地段设新的左转道和中间道路，改善交通流量
- ◆ 升级十个主要人行横道
- ◆ 提供巴士凸台及路缘斜坡
- ◆ 改善及加宽人行道

Nanaimo街夹东22街和东28街某些部分看起来和Rupert街感觉类似。像交通十分繁忙的Hastings 和Nanaimo主要交叉路口，不会减少交通量。拟议的变更由《Grandview-Woodland社区计划》配合《温哥华市政完整街道愿景》旨在设计的街道为人人服务。这意味着使人们在用各种运输方式出行更舒适愉悦，从而改善公共生活，使街道成为更有吸引力的地方。

它还有助于实现《2040城市交通计划》和《最绿化城市行动计划》目标，到2040年零交通死亡事故，二分之三的出行靠步行、自行车、滚轴工具或公共交通。

市政努力在施工期尽量减少对居民的影响。双向车道均至少保留一条道，巴士服务继续。大部分工作一次影响到三个街区，施工有时一次会在一个以上的街区进行。

市政将很快通过邮件和电子邮件再次与居民取得联系，分享从第一轮公共咨询中获得的信息。上vancouver.ca/nanaimoupgrades获取更多信息，注册接收电子新闻。

■ Loretta Revoczi

记下以下日期

文件粉碎和电子品回收
2019年5月4日星期六，10am-2pm
Sunrise Square停车场(2500 Franklin Street)

便捷处理旧电子品以及安全销毁机密文档，诸如：

- ◆ 银行对账单
- ◆ 旧支票
- ◆ 单据
- ◆ 含私人信息文件
- ◆ 小电器
- ◆ 电子产品
- ◆ 电脑
- ◆ 家用电池
- ◆ 手持设备

及更多！

此活动主要为Hastings Sunrise警讯中心筹款。建议每文件箱文件和电子产品捐\$10。每块钱都将有助于维系社区安全。 ■

Working together for a safe community

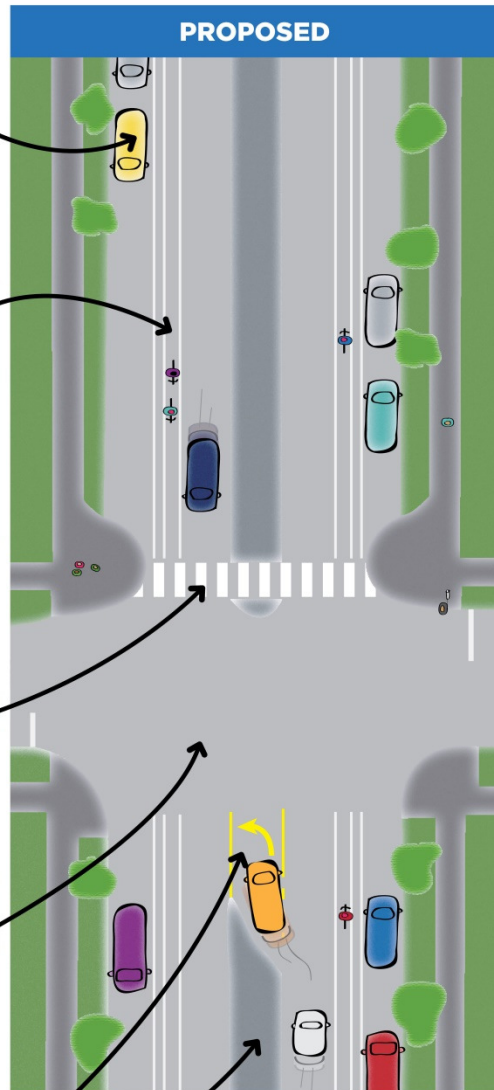
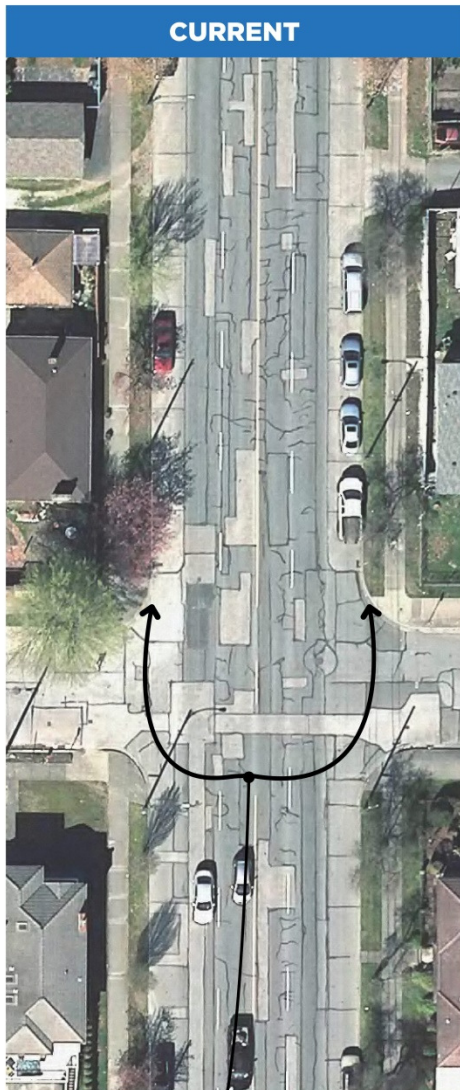
黑斯廷一日出社区警讯服务中心与温哥华警察局合作



其他社区合作伙伴



Nanaimo St. Upgrade



Maintain parking.

Where capacity exists, add painted bike lanes. This will also visually narrow the road to discourage speeding and reduce conflicts.

Improve pedestrian crossings.

Reduce conflict points by reducing lanes.

A wide street is a physical and psychological barrier for those walking, especially people using mobility aids.



Where possible, change travel lanes to left turn bays to provide vehicles space to more safely turn in and out of side streets.



Relocate obstacles like bus stops from sidewalks.

