

WHO DO I CALL?

CORONAVIRUS PHONE NUMBERS AND HOTLINES

FOR ASSESSMENT

HEALTHLINK BC

8-1-1 OR 7-1-1 FOR
HEARING IMPAIRED

BCCDC CORONAVIRUS HOTLINE

1-833-707-2792

FOR INFORMATION

CORONAVIRUS INFORMATION LINE (BCMHI)

1-888-COVID19
(1-888-268-4319) OR
604-630-0300 BY TEXT

CORONAVIRUS INFORMATION SERVICE (PHAC)

1-833-784-4397

Seniors' Help Line

With the fast-moving nature of the COVID-19 pandemic, many have struggled to access resources that they need. Homebound seniors are particularly at risk. BC 211 is a charitable organization based in Vancouver that helps BC residents access a variety of vital resources. They have recently expanded their services to address the many homebound seniors who are being impacted by the pandemic.

The new Safe Seniors, Strong Communities Program was initiated to keep those who are most vulnerable, safe and taken care of during the pandemic. It matches seniors to volunteers who are able to help with one or more of the following tasks: (1) grocery shopping and delivery, (2) meal preparation and delivery, (3) prescription pickup and delivery, and (4) phone and/or virtual friendly visits.

“We have seen an outpouring of community support,” said seniors advocate Isobel Mackenzie at a March 26 press conference. Since the pandemic began, the increase in volunteers has allowed them to make sure that no senior in need goes unnoticed. Mackenzie encourages seniors to reach out by saying: “Please do not be afraid to stay at home and let us help”.

If you need these services, do not hesitate to call 2-1-1. You can also visit bc211.ca and fill in the online form by pressing “Click to register now” on the home page. If you want to help out, you

Covid-19 Changes

The year 2020 brings big changes to the Hastings Sunrise Community Policing Centre!

Like so many people-oriented operations, we have had to temporarily close our offices and suspend our programs because of the Covid-19 crisis.

We continue to work behind the scenes on your behalf – see updates on Twitter, Facebook and Instagram.

Another big change is the cancellation of the hugely popular Sunrise Summer Kickoff, which has drawn thousands of participants and attendees since its inception in 2002.

And our annual document shredding event, a major fundraiser that had been scheduled for May 2, is postponed until further notice.

There has been staff turnover: we have lost a long-time and invaluable staff member in Tommy Luong, and gained two capable new people who will share his duties.

Finally in this issue, we alert you to the many Covid-19 related scams that are making the rounds.

Stay safe and well!

Clair MacGougan
Executive Director

Peter Wong
Board President

CANCELLED

- **May 2 shredding fundraiser postponed to later date**
- **Sunrise Summer Kickoff cancelled for 2020**

can also visit the site and fill in the form. Keep in mind that there may be a delay in your request if you are wanting to volunteer because of the increase in applications.

Please see the link below for a summary of the program in Chinese: https://news.gov.bc.ca/files/Seniors-211-support_COVID-19_Chinese.pdf

See above for Coronavirus hotlines and phone numbers

■ Aliz Revoczi

WHAT YOU NEED TO KNOW:

While our offices are closed because of Covid-19 concerns, we are monitoring:

- Phone messages at **604-717-3584**
- and emails at info@hscpc.com

For more urgent concerns:

- Emergencies **911**
- Non-emergencies **604-717-3321**
- VPD online reporting www.vpd.ca
- City of Vancouver **311**

For HSCPC updates, subscribe to our social media channels:

- **Twitter** @HastingsCPC
- **Facebook** @HSCPCvan
- **Instagram** [hastings_sunrise_cpc](https://www.instagram.com/hastings_sunrise_cpc)

And there is still plenty of good reading on our website:

- hastings_sunrise_cpc.com

Passing the Torch



Tommy Luong



Carmen MacLeod



Al Heinemann

The Hastings Sunrise CPC welcomes two new staff members, and bids farewell to one of its longest-serving leaders.

Moving on is Tommy Luong, hired onto the business safety team in 2009, two years after starting with us as a volunteer. He became program leader in 2012 and program coordinator in 2014.

The program leader role will be filled on a job-sharing basis by Al Heinemann and Carmen MacLeod, both of whom have been volunteers as well. They will support volunteers and develop programs.

Using a hockey analogy, Board President Peter Wong described the change as “losing a superstar and gaining two prospects!”

Al is a father and personal trainer, and lives in the neighbourhood.

Carmen commutes from her home in Delta. She also works on the HSCPC business safety team, plays goal on a men’s hockey team and wants a career in policing.

“We’re fortunate to have both of them,” says Executive Director Clair MacGougan. “Both really care about the centre and what we do.”

Tommy has played a key role in the success of the HSCPC since he started volunteering as a neighbourhood teenager.

“He’s grown up with us,” says Clair. “He’s loved by the volunteers and staff, and community members. He played a very large role in the Sunrise Summer Kickoff – he’s been responsible for logistics for the past five or six years.”

Tommy has also been active with the nearby Hastings Community Centre, played and coached competitive volleyball, and still plays hockey regularly.

He is now working with Translink and as a city park ranger.

Beware Covid Scams

The devastating rise of Covid-19 has brought with it a flood of scams aimed at unsuspecting targets, especially the elderly.

Constable Thomas Nguyen, the HSCPC’s neighbourhood police officer, warns of a scam in which seniors are being phoned and told that they can get tested for Covid-19, but they have to pay upfront. Then the caller asks for their financial information.

Please let seniors and their families know, if they do receive a call asking for financial information, they should hang up and tell their friends and family. If they are a victim of fraud, they should contact their financial institutions and the police.

The Canadian Anti-Fraud Centre’s maintains a national list that includes:

- Duct cleaning companies offering services or “special” filters to protect from COVID-19.
- Utility companies threatening to disconnect power for non-payment.
- Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO) selling fake lists of COVID-19 infected people living near you.
- Offers of fake COVID-19 tests, which are only administered by health authorities.

- Public Health Agency of Canada allegedly asking for your health card and credit card numbers for a COVID-19 prescription.

For more examples and tips on how to avoid becoming a victim, go to:

- Metro Vancouver Crime Stoppers at www.solvecrime.ca
- Canadian Anti-Fraud Centre at <https://antifraudcentre-centreantifraude.ca/>

Working together for a safe community

The Hastings Sunrise Community Policing Centre works in partnership with the Vancouver Police Department



Other Partners:

