

**THE ENGAGING
ABUNDANT COMMUNITY PROJECT
COMMUNITY WELLNESS MEANS SENIORS WELLNESS**

COMMUNITY WELLNESS FORUM

**MARCH 12, 2018 | 10 - 2PM
Aboriginal Friendship Centre
(1607 East Hastings Street)**

FREE EVENT

ALL AGES

Enjoy door prizes, seniors resource booths, fun activities, educational talks, community visioning activities & light refreshments.

Come learn about Frog Hollow's Engaging Abundant Community project and join the conversation on creating a healthy abundant community.

For more information or to volunteer, contact Gloria
at 604-251-1225, gloria@froghollow.bc.ca

THANKS TO OUR FUNDERS & PARTNERS: